



Armstrong School of Dance

2023-2024 Class Schedule September 8, 2023-May 23, 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
--------	---------	-----------	----------	--------	----------

Studio A

Tap III/IV 4:00-5:00	Ballet I 4:00-5:00	Jazz III/IV 4:00-5:00	Adult Tap Noon-1:00	Jazz II 4:00-5:00	Combo I gr. K-1 8:45-10:15
Prec. III/IV 5:00-5:45	Jr. Tm Ballet 5:00-6:15	Jr Tm Jazz 5:00-6:00	Ballet II 4:00-5:00	Lyrical II 5:00-5:45	Combo II gr. 2-3 10:15-11:45
Jr. Tm Tap 5:45-6:45	Pointe I/II 6:15-7:15	Sr. Tm Jazz 6:00-7:00	Ballet III/IV 5:00-6:15		Hip Hop gr. 2-3 11:45-12:30 STARTS 2/17/24
Prec.Teams 6:45-7:30	Adult Ballet 7:15-8:15	Sr. Tm Lyrical 7:00-7:45	Sr. Tm Ballet 6:15-7:45		
Sr. Tm Tap 7:30-8:30			Tm Pointe 7:45-8:45		

Studio B

Combo I gr. K-1 3:45-5:15	Combo II gr 2-3 3:45-5:15	Jr. Tm Lyrical 4:00-5:00	Predance ages 3-4 3:15-4:15	Sr. Tm Ballet 4:00-6:00 9/23-2/24	Predance ages 3-4 9:00-10:00
Jazz I 5:15-6:15	Tap II 5:15-6:15	Lyrical III/IV 5:00-5:45	Combo I gr. K-1 4:15-5:45	HipHop gr. 4-6 4:00-4:45 STARTS 2/16/24	Predance ages 3-4 10:00-11:00
Tap I 6:15-7:15	Precision Tap II 6:15-7:00	Adult Jazz 5:45-6:45 (6:30-7:30 after 3/1)	Combo II gr. 2-3 5:45-7:15	HipHop gr. 9-10 4:45-5:30 STARTS 2/16/24	
		HipHop gr. 7-8 5:45-6:30 STARTS 2/28/24		Hip Hop gr. 11-12 5:30-6:15 STARTS 2/16/24	

Class explanations

Predance (ages 3 and 4) pre-school: 30 minutes of ballet and 30 minutes of tap.

Combo I grades kindergarten and first: 30 minutes each of ballet, tap and jazz.

Combo II grades second and third: 30 minutes each of ballet, tap and jazz.

Predance and Combo class attire: **Girls** — leotard, tights, pink ballet shoes, tan tap shoes, and tan jazz shoes for Combo I and II. All hair up and back. **Boys** — t-shirt, athletic bottoms, black ballet and tan jazz and tap shoes. **No jewelry.**

Hip Hop: Starts at the end of February 2024. An upbeat high energy class that offers the latest street funk moves.

Attire: **Girls** — options: dance shorts, leotard, tights, dance pants, form fitted tanks (optional,) black dance sneakers, Hair up and back. **Boys** — t-shirt, athletic bottoms and black dance sneakers. **No jewelry.**

Ballet I thru IV (grades 4 and up): Structured classical ballet classes that consist of all the basic positions, jumps and connecting steps.

Attire: **Girls** — black leotard, pink tights and pink ballet shoes. Hair tied back in a neat ponytail, braid or bun.

Boys — t-shirt, athletic bottoms and black ballet slippers. **No jewelry.**

Jazz I thru IV (grades 4 and up): Structured class including isolations, progressions, leaps and turns. Reflecting classic technique in American Jazz Dance.

Tap I thru IV (grades 4 and up): Tap classes include many styles of tap from 1930's to present day. Rhythm, accoustic, syncopation practice.

Jazz and Tap attire: **Girls** — leotard, tights, tan jazz/lyrical shoes, black tap shoes, Hair up and back.

Boys — t-shirt, athletic bottoms and black dance shoes. **No jewelry.**

Lyrical: A stretch, strength and lyrical dance class, that include contemporary styles as well. Lyrical II, III and IV students must be registered in either Jazz II, III and IV class.

Attire: **Girls** — leotard, tights, tan jazz shoes, **Boys** — t-shirt, athletic bottoms and jazz shoes. **No jewelry.**

Precision Tap: A tap class with an emphasis on unison. Precision Tap II, III, and IV and team students must be registered in either Tap II, III, and IV or Team Tap class.

Attire: High heeled black tap shoes required.

Adult Class Ballet, Tap & Jazz includes technique, stretching & strength training.

All shoes available in our **ARMSTRONG MERCHANDISE STORE**

We sell leotards, tights
and all your dance shoe needs!

Shoes: All jazz and lyrical classes will be using tan jazz/lyrical slip-on shoes. All tap level I and up use black Bloch leather tap shoes. Precision classes use 1.5 inch black character tap shoes. All ballet use pink leather shoes. ASD sells all new dance shoes needed for classes, tights, leotards and other dance apparel.

All Predance, Combo I, and Combo II classes are to wear pink leather ballet shoes, tan tap shoes and tan jazz shoes.

Mark your calendars!

Parent Observation

We will have observation of classes in the fall, winter & spring. Dates to be determined.

Used and new shoe sale

September 8-15 during class hours

Come to sell or buy second-hand dance shoes.

All items are to arrive cleaned with labels on them that includes; your name, size and price. Items may be dropped off all summer. The honor system will be used.

Studio Closed:

Thanksgiving, Nov. 22-25, 2023

Holidays, Dec. 23, 2023-Jan. 2, 2024

Winter Break, Feb. 19-24, 2024

Spring Break, April 1-6, 2024

Tuition Due Dates:

Tri monthly due September 1,
December 1 and March 1

Monthly due the first week of
every month, \$25 late fee after
the 10th of every month

Costumes

October: Recital Costume Package will be handed out.

November: Full payments due

*(Please understand there may be some
minor sewing alterations needed for costumes.)*

Year end performance

Ithaca College, May 2024

More details to come!



ArmstrongDance.com